

SISHU PARIPALAN



KKCTH honoured with AHPICON
Healthcare Excellence award 2026

A PROUD MOMENT FOR KKCTH

Kanchi Kamakoti CHILDS Trust Hospital is delighted and honoured to have been selected as recipient of the AHPI-TN Healthcare Excellence Award 2026 in the category of “Best Single Speciality Hospital Above 100 Beds”- North Zone.

The prestigious award recognises KKCTH’s continued commitment to excellence in paediatric & child health care, patient centred care and high standards of clinical service.

The award was presented at a distinguished ceremony presided by Dr. Tamilisai Soundararajan, Former Governor of Telengana, as Chief Guest, in the presence of health care leaders, administrators and professionals across Tamil Nadu.

Celebration weeks at KKCTH !

World Breast feeding week 01/08/26 – 07/08/26

World breast feeding week was celebrated with grandeur from 01/08/26 to 07/08/26. It was commenced with inauguration chaired by Dr. T.K Shaanthy Gunasingh, Retired Director of IOG Egmore. The week long celebration saw varieties of activities such as reel, posters making, outreach program at college and antenatal classes which were actively participated by doctors, nurses, paramedical staff and patients and it was well received. We were happy to have Mr. Madhu Balaji from Crazy creations troop to be the Chief guest during the valedictory function where all the winners of various competitions were felicitated.



Patient Safety Awareness week 16/09/26 – 19/09/26

World Patient Safety awareness week was celebrated at KKCTH from 16/09/26 to 19/09/26. The importance of patient safety was exhibited through various fun activities such as fashion show, reel making and exhibition. A walkathon on Besant nagar beach was arranged for KKCTH employees on 19/09/26 to spread the awareness for general public. Overall the program was a huge success and well appreciated.

Academic activities

CHENNAI PAEDIATRIC AIRWAY CONGRESS 2026

Chennai Paediatric Airway Congress 2026, a three day workshop and conference was conducted at Savera Hotel Chennai by Dr. Thirunavukkarasu, Head of Department of ENT, KKCTH and his team. Live relay of airway surgeries performed at KKCTH was conducted. This was followed by interactive panels and lectures by renowned national & international ENT faculties.



CME conducted outstation by KKCTH faculties

Dr. A.Sumanth and Dr. S.Arathi from KKCTH delivered lectures on under five wheeze & early recognition of cancer at a CME program conducted by Kancheepuram district Branch of IAP.

Dr. V.Pinki and Dr. M.Lakshmi delivered awareness talks to staff at BHEL, Ranipet.

Cystic fibrosis CME



The Department of Pediatric Pulmonology, KKCTH organised a CME on cystic fibrosis on 19/07/26 to commemorate the launch of "Multidisciplinary Cystic fibrosis clinic at KKCTH. With only a few multidisciplinary clinic in the geographic region, the team at KKCTH recognised the urgent need for comprehensive CF care. The hospital has now launched a dedicated CF clinic to provide structured, co-ordinated and long term care for children diagnosed with CF. This will enable families to receive care from various specialists under one roof, thereby reducing the need to shuttle between multiple health care providers.

Training programs & exams

DNB Training program



DNB PG training program was held in our hospital on 12/07/26. Clinical case discussion and OSCE covering various topics were conducted. Around 80 PG's attended the program.



ISPGHAN fellowship Exit Exam 2026

Department of Medical Gastroenterology, KKCTH hosted the ISPGHAN Fellowship exit exam 2026. The exam was conducted over 2 days for 8 fellowship candidates from institutes all over India.

Featured !

We would like to congratulate Dr Seyed Rabia, Senior Consultant & HOD, Department of Pathology, KKCTH for being featured in the prestigious journal "The Pathologist" as winner of leading voices power list 2026.

You can access the article through this link - www.thepathologist.com/power-list/2026/power-list/seyed-rabiya

the Pathologist

[The Pathologist](#) / [Power List](#) / [2026](#) / [Power List](#) / Seyed Rabia



Seyed Rabia

Senior Consultant Pathologist and Head of the Department of Pathology; Kanchi Kamakoti CHILDS Trust Hospital, Chennai, India.

Perinatology posts

CME on Congenital heart disease

Perinatology CME on Congenital heart disease was conducted on 10/09/26 by Department of NICU and OBGYN at KKCTH. Eminent experts from OG, fetal medicine, neonatology, Paediatric cardiology & Paediatric CTVS were part of the panel. Real and challenging scenarios of fetus with complex cardiac issues were discussed from antenatal period management to newborn period. The discussion was very interactive and filled with useful takeaway points for practitioners and PG's.



A PRICK IN TIME SAVES NINE

Re-writing the course of CPAM –From fetal intervention to succesful neonatal lobectomy

A rare & complex case of congenital airway malformation (CPAM) was successfully managed through co-ordinated fetal, obstetric, neonatal and surgical care at KKCTH. The fetus was diagnosed at 22+4 weeks with large right sided macrocystic CPAM. Serial USG showed progressive enlargement, increasing CPAM volume ratio, mediastinal shift and evolving hydrops. When CVR reached 2.99-3.38 with ascites and polyhydramnios, fetal intervention became necessary. USG guided aspiration provided temporary decompression, but rapid re-accumulation prompted placement of Harrison thoraco-amniotic shunt at 27+4 weeks. The intervention produced sustained improvement, with reversal of hydrops and a progressive fall in CVR to 0.8 by 34 weeks, allowing pregnancy to continue to 37 weeks.

A male infant 2.85 kg was delivered by elective LSCS and admitted to NICU with respiratory distress. Persistent symptoms led to early right posterolateral thoracotomy and anatomical right lower lobectomy. Post-operative course included pulmonary hypertension, requiring nitric oxide and later a loculated pneumothorax and sepsis. With meticulous MDT, the infant was gradually weaned off ventilatory support and started on breast feeding. The baby was discharged on day 25, feeding well, maintaining oxygen saturation in room air and with satisfactory weight gain.

Dr Suresh S – Director, Mediscan Dr Sudarshan S – D Fetal Medicine Expert, Mediscan Dr S Balagopal – Consultant Pediatric Surgeon Dr Sneha S – Consultant OG, KKCTH Dr Rahul Yadav – Consultant Neonatologist, KKCTH



The multidisciplinary team with the mother and baby following successful recovery.

Alumni corner

What's New in the 4th Edition of Advanced NRP 2026?

India's Neonatal Resuscitation Programme adapts American NRP guidance to Indian healthcare needs. The update reinforces preparation, effective ventilation, thermal and cord care, and coordinated teamwork.

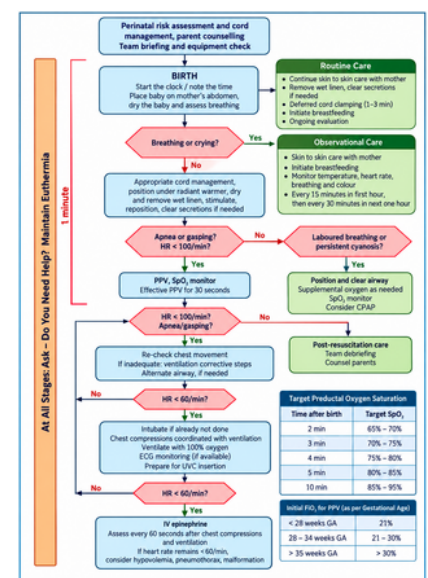
1. Preparation for birth: Assess gestation, liquor, perinatal risks and the cord plan. Ensure an NRP-trained professional attends every birth, with advanced help available when risk is anticipated.
2. Temperature management: Keep the room above 25°C and newborn temperature at 36.5–37.5°C. Use skin-to-skin care for stable infants ≥34 weeks and thermal protection, including polyethylene wraps, below 34 weeks.
3. Cord management: For babies breathing or crying, defer clamping for at least 60 seconds. Intact cord milking may be considered in non-breathing infants ≥28 weeks; avoid it below 28 weeks.
4. Heart-rate assessment: ECG is preferred, particularly during PPV; auscultation and pulse oximetry are alternatives with limitations.
5. Positive-pressure ventilation: Prefer a T-piece resuscitator, with a self-inflating bag available. Initial pressures: 20–25 cm H₂O below 32 weeks and 25–30 cm H₂O at ≥32 weeks. Consider a size 1 LMA in suitable infants ≥34 weeks if mask ventilation fails.
6. Ventilation correction and oxygen: Use MRSOPA to correct ineffective ventilation. Reassess heart rate after 30 seconds of effective ventilation and titrate oxygen to target saturations using the resuscitation algorithm.
7. Endotracheal intubation: Intubate promptly when indicated; select tube size and depth using the guide. Confirm placement clinically and with CO₂ detection where available, and secure the tube before compressions.
8. Chest compressions and medications: Use a 3:1 compression-to-ventilation ratio, confirm chest movement and airway security, and use 100% oxygen during compressions. Give adrenaline 1:10,000 or volume expansion only when indicated.
9. Preterm resuscitation: Prioritise thermal protection and gentle handling. CPAP around 5 cm H₂O may support spontaneously breathing preterm infants with distress; give fluid boluses only when clinically indicated.
10. Post-resuscitation care: Babies needing PPV, supplemental oxygen or compressions require ongoing monitoring and observation in a NICU or designated newborn care unit.

Take-home message: Prepared teams, effective ventilation, appropriate thermal and cord care, and post-resuscitation monitoring remain central to safer newborn outcomes.

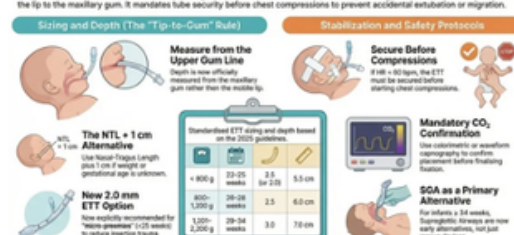


Dr Shobana Rajendran
DNB(Paed), DNB(Neo)

Lead Consultant Neonatologist
Rainbow Childrens Hospital
Annanagar
ALUMNI KKCTH 2007-2018



NRP 9th Edition: Neonatal Intubation & Fixation Guide



Congratulations !

Gold Medals

Dr. Gayathri Sivakumar secured the Gold Medal in the IDPCCM Exit Examination conducted by the Indian College of Paediatric Critical care medicine held in February 2026



Dr. Mahalakshmi. S was awarded Prof.Dr. J.Viswanathan Gold Medal for DNB paediatrics 2025 conducted at ICH & RH Madurai, at Golden jubilee Chennai Pedicon 2026



ANBAI Awards

KKCTH was awarded with "Award of Excellence" & "Medshark Champion" by Association of National Board Accredited Institutions for its contribution to medical education and innovative ideas such as "Coffee club".



Dr. Vignesh.N Final year DNB (Paed) PG won the Medshark Champion Award for the best pitch at the National Conclave ANBAI 2026, held at Bengaluru on 29th & 30th August 2026, for his project "Pediatric Resuscitation app-Code Blue Companion"

Dr. Anand Narayanan.N, Final year DNB (Paed) PG won the 2nd runner up award at the National Conclave ANBAI 2026, held at Bengaluru on 29th & 30th August 2026 for his project "PaedRx- Pediatric information Prescription"

Hall of Honour

Celebrating the academic achievements & accolades of our PG students

Dr. Akshara 1st year DNB PG - 1st prize in poster RESPIIDCON 2026 at Ahmedabad on poster titled "Tracheopexy in severe pediatric tracheobronchomalacia: A case series demonstrating benefit across distinct clinical phenotypes."



Dr. Sornalakshmi, 3rd year pediatric surgery DrNB PG - 3rd place in Dr. Annamalai Prize session on paper titled "Longterm outcome of management of impalpable undescended testes" at PAPSCON 2026 conducted at Puducherry in July 2026

Dr. Dharani. E, 2nd year post diploma DNB PG won the 3rd place in Dr. M. Vijayakumar and IPNA teaching course prize exam in Young Kidneys 2026 held on 04/07/26

Dr. Mansi, 2nd year DNB PG - 1st prize in award paper presentation (Dr. B.R. Santhanakrishnan Award) on paper titled "Predictors of severe disease in hospitalised children with laboratory confirmed Influenza" in Golden Jubilee Chennai Pedicon 2026 held at Chennai from 21/08/26 to 23/08/26.



Dr. Anand Narayanan, final year DNB PG - 3rd place in e-poster presentation titled "Helicobacter pylori as a cause of Refractory Iron Deficiency Anemia in 2 children" at Golden Jubilee Chennai Pedicon 2026 held at Chennai from 21/08/26 to 23/08/26.

Dr. Vignesh.N, Final year DNB (Paes) PG won the Runner-up award at Online PG Quiz & third prize for his flute recital in Golden Raga Instrumental competition (Flute) at the Golden Jubilee Pedicon 2026.

Dr. Saleem recieved the 2nd prize for Best Free Paper oral presentation in the Observational study category for his thesis on "Diaphragmatic thickness fraction as predictor of extubation success" at Pediciritcon2026 held at Delhi 2nd & 3rd October 2026.



Dr. Vedhashri, 5th year DrNB Paediatric Surgery Resident won the 1st Prize at the Apex National Conference, IAPSCON 2026 held on 24th to 27th September 2026 for the paper presentation "Retrospective Analysis of Contralateral Patent Processus Vaginalis with Endoscopic Evaluation"

Dr. Vedhashri & Dr. Sheik Aftab, 5th year DrNB Paediatric Surgery PG's won the 2nd prize in the National PG Quiz competition held as part of IAPSCON 2026.